

Mask Patterns:

Please use any pattern that appeals to you. There are many options, tutorials, etc., available.

Click the link:

<https://www.instructables.com/id/AB-Mask-for-a-Nurse-by-a-Nurse/> (Be sure the template prints to the right size.)

[City of LA Non-Medical Face Mask](#)

[Kathi Wilson diagram of LA non-medical face mask](#)

[St. Charles Directions on Making Fabric Masks](#)

Here are links to two patterns using elastic:

[Deaconess](#) How to make a Mask

[Turban Project](#) How to make Face Mask with Elastic

Click the link to see Tim Spinn's video on adding binding strips to a fabric face mask without any ironing or pinning!!

<https://youtu.be/ISBmZBz9O80>

Tina Curran shared this You Tube video on how to make the binding strips for the fabric face masks. You can use this hack after the fabric ties are attached to finish them off nicely. Any cut strips can be used for this method, too.

Click the Link:

[Fastest Way to Sew Bias Tape Ties Without Tools or Ironing!](#)

Hospital Caps

Verdugo Hills Hospital has requested as many hospital caps as we can make. The pattern is relatively easy and takes a fat quarter, plus strip width of fabric.

[Click here for pattern.](#)

[Click here for template. Width at fold equals 18".](#)